

Fire Services Sports & Athletics Association

Fundraising Event in support of the Fire Fighters Charity & Royal Marines Charitable Trust Fund

Saturday 25th Sept 2010



**DEVON &
SOMERSET**
FIRE & RESCUE SERVICE



**The
Fire Fighters
Charity**

'999 Commando Challenge'

Walk in own teams of 4, or join Syndicates of 4+

Dartmoor *Okehampton Camp to Moorlands Bridge

Choose from: **12, 18, 24, or 30 Miles** (= 20K, 30K, 40K, or 48K)

Web sites www.fssaa.co.uk & On-line entry @ www.salisburyfirestation.info

Fire Services organised Challenge **Walk** over Dartmoor following the route of the Royal Marines final 30 mile Commando test.

999 Commando Challenge *

Saturday 25th September 2010

The is a very demanding 30 mile, (48k) Ultra multi terrain challenge, including open moorland and exposed sections. This is designed as a team event and for safety reasons to be organised into teams/syndicates of 4 or more. The routes will be over footpaths, bridleways and quiet country roads over Dartmoor National Park, from Okehampton Camp to Moorlands Bridge. The walks take you through areas not always open to the general public. *(this has been made possible by the kind permission of several landowners along the route and including Dartmoor National Park Authority, MOD and Landmark Trust).

NB. As the event takes place during the late summer season, participants are asked to enjoy the Countryside follow the Country Code and to **take great care with respect to Fire risks.**

Participants to arrive Okehampton Camp EX20 1QP Friday evening 24th September 2010 for Registration, kit scrutiny, allocation to syndicates, Final Safety Briefing 19:45 and BBQ.

ALL ROUTES START Moor Gate Okehampton Camp OS28 MR 591931

30 Mile Walks Starts (06:30 - 07:30) Finishes **Moorlands Bridge OS28 MR 626740**

24 Mile Walk starts (07:30 - 08:00) Finishes Check Point 4 **Holne Moor OS28 MR 693731**

18 Mile Walk starts (08:00 - 08:30) Finishes Check Point 3 **Beltor Corner OS28 MR 693731**

12 Mile Walk starts (08:30 - 09:00) Finishes Check Point 2 **Merripit Hill OS28 MR 661800**

Choice of Distance: 12, 18, 24, or 30 MILES = or apx 20K, 30K, 40K or 48K Ultra.

Minimum Age is 18 in this inaugural Commando Challenge and completion by 18:00.

IMPORTANT This is a linear walk and arrangements for transport back to the start from the respective finishes will need to be taken, free if fundraising, or donation of £2.50 if not.

Entry Fees; Walkers; £30 per person *Cheques payable to The Fire Fighters Charity

INCLUDED; Friday Night accommodation in Barracks and/or Camping at Okehampton

Camp; *Bring your own Tent if preferred *Barracks limited availability, so book early.

Evening BBQ and Breakfast; *Bar available in NAAFI at cost

Medal & *ribbon; *Gold = 30 Miler, *Silver = 18/24 Miler, *Bronze = 12 Miler.

Certificate; for all of those who complete the Commando Challenge.

Awards; for each distance, First Team of 4+/Mixed 4+/All Ladies 4+, and Cup for the team displaying attributes of; Courage, Determination, unselfishness and cheerfulness.

NOT INCLUDED

Sleeping Bag &/or Bed Roll. Bring your own Stores and refreshments throughout challenge.

Event T-Shirt *available to order @ £5 each ***FOC** for those pledging £50+ in fundraising

Post Event Massage, *available @ £5 each ***FOC** for those pledging £75+ in fundraising.

In return for all the voluntary assistance lined up, with Directing Staff from the Royal Marines and Devon & Somerset Fire & Rescue Service plus many others, we need your support for the Event Charities **By taking a Sponsor form; *Special prizes for fundraisers**



THE ROYAL MARINES CHARITABLE TRUST FUND



The RM Charitable Trust Fund provides and maintains the efficiency and esprit de corps of the Royal Marines. The Fund provides morale boosting activities in order to increase the likelihood of survival in theatre for the Royal Marines and to sustain a quality family life.

Inevitably much is used in support of the many bereaved families and over 150 physically wounded Royal Marines. We also know that the future holds many hundreds who will also suffer mentally.



Every year, thousands of fire fighters are injured whilst protecting the public. Every 30 seconds in the UK, fire fighters are called to an incident, putting their lives on the line, and often sustaining physical injuries whilst carrying out their duties. The Fire Fighters Charity is here for all fire service personnel during their times of need, and assists thousands of individuals every year, by providing pioneering treatment and support services.

Our modern, dynamic and award-winning charity has three UK centres, located in Cumbria, Devon and West Sussex, which offer varying combinations of therapy and recuperation services. Our pioneering Beneficiary Support Services also offer local and remote assistance to people in need nationwide - providing solutions to real life problems.

Registration/Entry Fee covers 999 Challenge Expenses *see what's included section
Fundraising Target (in this 1st year) fundraising is set as a minimum of £50 per participant, which will go wholly and equally to the two Event Charities. However if you reach this level of sponsorship and bring it on the weekend of the Challenge, or bank prior, **we will give you**

1. Upon receipt of Entry we issue you/your Team a full Event support & fundraising pack,
2. Free transport back from your finish Checkpoint to the start at Okehampton Camp.
3. In addition to Medal & Certificate we will give you a free Challenge T-shirt
4. For reaching a level of £75+ we will throw in a free post event massage
5. For reaching a level of £100+ we will give a Mascot Souvenir from each Charity.

Entries can be accepted on the form overleaf and to be received by 1st September 2010

For more entry forms or details please contact the organisers.

Event Director John McLoughlin Cleeve Cottage 8 Lower Downside Shepton Mallet BA4 4JX
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Entry Secretary Ludo Macaulay Salisbury Fire Station Ashley Road Salisbury Wiltshire SP2 7TN
01722 332211 or **Fax** 01722 504503 or **E-mail** ludomacaulay@hotmail.com

Fire Services Walking & Mountaineering Section.

www.fssaa.co.uk & www.firefighterscharity.org.uk